

# Cook

**Posted By:** Flameo Edmundston

**Location:** Edmundston

**Salary:** \$16 Per Hour

**JOB ID :** RJ5082892

**Posting Date :** 17-Jul-2025

**Expiry date :** 13-Jan-2026

**Education :** Completion of secondary education

**Language :** English or French

**Vacancies :** 3

**Years of Experience :** 1 year

**Job Type :** Full Time

## Job Description

### Cook

**Job Title:** Cook (NOC: 63200)

**Employer:** Flameo Edmundston

**Location:** 180 Bd Hébert, Edmundston, NB E3V 2S7

**Wage:** \$16/hour for 30 – 40 hours a week

**Vacancy:** 3 vacancies

**Employment groups to include:** persons with disabilities, indigenous, newcomers to Canada, student, and vulnerable youth

**Terms of employment:** Term or contract

**Start Date: as soon as possible**

## **Job Requirements:**

### Languages

- English or French

### Education

- Secondary (high) school graduation certificate

### Experience

- At least 1 year to less than 2 years

### Duties:

- Prepares assigned food items by following established menus, recipes, and quantity quotas, determining ingredients and quantities required and assembling ingredients and equipment required for cooking.
- Plans preparation and cooking schedule
- Cooks and seasons assigned food and therapeutic diet items such as soups, sauces, salads starches, meats, fish, poultry, vegetables, and desserts by methods/procedures such as roasting, frying, grilling steaming, poaching boiling, baking: tests food items for palatability and temperature and adjusts accordingly
- Carves food items such as meat and poultry and controls portioning of food items to ensure recipe yield meets assigned quantity quotas
- Maintains established food rotations in storage, to minimize spoilage and waste
- Performs other related duties as assigned.

### Work Conditions

- Work under pressure, handling heavy loads, repetitive tasks, standing for extended periods, physically demanding, fast paced environment, attention to detail.

### Personal Suitability

- Client focus, dependability, initiative, organized, team player, excellent oral communication, reliability, flexibility, judgement

### Security and Safety

- Bondable, criminal record check child abuse registry check

### Credentials

- Safe Food Handling Certificate, Food Safety Certificate

### How to Apply

- Email: [andre@12thavenue.ca](mailto:andre@12thavenue.ca)

**To apply for this job vacancy, please send your resume along with a cover letter and a reference letter from your previous employer to the following email: [andre@12thavenue.ca](mailto:andre@12thavenue.ca)**

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